



# Bower Hill Lunch Menu

## January 2018

<p><b>1</b></p> <p><b>No School</b></p> <p>Winter Break</p>	<p><b>2</b></p> <p><b>Pizza Hut Pizza</b> Ham &amp; Cheese Melt Fruit &amp; Cheese Platter Chicken Salad Hoagie</p> <p>Baked Beans Raisins</p>	<p><b>3</b></p> <p><b>Chicken Soft Tacos/Rice</b> Philly Cheesesteak Fruit &amp; Cheese Platter Chicken Salad Hoagie</p> <p>Corn Applesauce</p>	<p><b>4</b></p> <p><b>Waffles/Sausage</b> Cheeseburger Fruit &amp; Cheese Platter Chicken Salad Hoagie</p> <p>Sliced Carrots Pineapple Tidbits</p>	<p><b>5</b></p> <p><b>School Cancelled</b></p>
<p><b>8</b></p> <p><b>Breaded Chicken Drumstick</b> Spicy Chix Patty Sandwich All American Cobb Salad Italian Hoagie</p> <p>Tater Tots Diced Peaches</p>	<p><b>9</b></p> <p><b>Cheese Pizza</b> Grilled Cheese All American Cobb Salad Italian Hoagie</p> <p>French Fries Grapes</p>	<p><b>10</b></p> <p><b>Walking Taco</b> Chicken Nuggets/ Breadstick All American Cobb Salad Italian Hoagie</p> <p>Green Beans Applesauce</p>	<p><b>11</b></p> <p><b>Pancakes/Sausage</b> Cheeseburger All American Cobb Salad Italian Hoagie</p> <p>Black Beans Pineapple Tidbits</p>	<p><b>12</b></p> <p><b>Mac N Cheese/ Fish Sticks</b> Corn Dog All American Cobb Salad Italian Hoagie</p> <p>Peas Fresh Kiwi &amp; Strawberry Cup</p>
<p><b>15</b></p> <p><b>Chicken Drumstick/Roll</b> Chicken Patty Sandwich Chicken Caesar Salad Turkey Hoagie</p> <p>Mashed Potatoes/Gravy Diced Peaches</p>	<p><b>16</b></p> <p><b>Cheese Pizza</b> Turkey &amp; Cheese Melt Chicken Caesar Salad Turkey Hoagie</p> <p>Green Beans Grapes</p>	<p><b>17</b></p> <p><b>Walking Taco</b> Chicken Nuggets/ Breadstick Chicken Caesar Salad Turkey Hoagie</p> <p>Baked Beans Applesauce</p>	<p><b>18</b></p> <p><b>Waffles/Sausage</b> Cheeseburger Chicken Caesar Salad Turkey Hoagie</p> <p>Sliced Carrots Pineapple Tidbits</p>	<p><b>19</b></p> <p><b>Pasta Bar w/ Meatballs</b> Chicken Popcorn/Roll Chicken Caesar Salad Turkey Hoagie</p> <p>Steamed Spinach Fresh Kiwi &amp; Strawberry Cup</p>
<p><b>22</b></p> <p><b>No School</b></p>	<p><b>23</b></p> <p><b>Pizza Hut Pizza</b> Fish Melt Popcorn Chicken Salad Ham Hoagie</p> <p>Sliced Carrots Raisins</p>	<p><b>24</b></p> <p><b>Walking Taco</b> Hot Dog Popcorn Chicken Salad Ham Hoagie</p> <p>Pinto Beans Applesauce</p>	<p><b>25</b></p> <p><b>French Toast Sticks/ Sausage</b> Chicken Tenders/ Breadstick Popcorn Chicken Salad Ham Hoagie</p> <p>Squash Pineapple Tidbits</p>	<p><b>26</b></p> <p><b>Pasta Bar w/ Meatballs</b> Grilled Cheese Popcorn Chicken Salad Ham Hoagie</p> <p>Steamed Broccoli Mandarin Oranges</p>
<p><b>29</b></p> <p><b>Orange Popcorn Chicken/Rice</b> Grilled Cheese All American Chef Salad Roast Beef Hoagie</p> <p>Green Beans &amp; Carrots Diced Peaches</p>	<p><b>30</b></p> <p><b>Cheese Pizza</b> Pierogis/Popcorn Chicken All American Chef Salad Roast Beef Hoagie</p> <p>Tater Tots Grapes</p>	<p><b>31</b></p> <p><b>Walking Taco</b> Chicken Nuggets/ Breadstick All American Chef Salad Roast Beef Hoagie</p> <p>Corn Applesauce</p>	<p><b>1</b></p> <p><b>Cheese Pizza Sticks/ Sauce</b> Cheeseburger All American Chef Salad Roast Beef Hoagie</p> <p>Black Beans Pineapple Tidbits</p>	<p><b>2</b></p> <p><b>Pasta Bar w/ Meatballs</b> Pork BBQ Sandwich All American Chef Salad Roast Beef Hoagie</p> <p>Steamed Spinach Fresh Kiwi &amp; Strawberry Cup</p>

### Daily Features:

Grab N Go Flatbread Pizza Kit  
Yogurt Parfait  
WG Pretzel/Cheese Stick/Trix Yogurt  
SunButter & Jelly Sandwich or Cheese Sandwich  
Apples, Oranges & Bananas

### Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

### Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices